

Rock Center

Youth Programs



Our *Little Beats* music program ensures that your child begins their life long relationship with music in an engaging and super fun way. Early childhood music education is an essential component of a child's healthy development and the long-term effects will benefit your child musically, academically and socially. Each *Little Beats* class is specifically designed to provide age appropriate music, games and activities that you and your child will share, enjoy and keep you coming back for more.

Mighty Movers

This super fun class provides children 4 months to 1 year with age appropriate musical selections and physical activities from the comfort of their parent/caregiver's lap. Crawlers have plenty of open space to explore. Our highly skilled early childhood music specialist uses lap songs, group sing-a-longs and rhythm and finger games to get your child moving and musically engaged. Join us and explore all of the joys and the benefits of actively participating in music with your child.

Instructor: Rachel Hoiem, 10 classes

Age	Day	Dates	Time	Fee	Course #
4 mo-1	W	9/10-11/12	11-11:45am	\$226	31541
4 mo-1	Sa	9/13-11/15	11-11:45am	\$226	31542

Location: Community Center, Mountain View Room

Please bring a blanket

Super Shakers

Our *Super Shaker* classes have one to three year olds and you, singing, dancing and shaking to the music. Participants will hear familiar songs, be introduced to new songs and will also rock out during the group percussion jam. Age appropriate games, dances and other fun activities make this a great opportunity to further your child's music education.

Instructor: Rachel Hoiem, 10 classes

Age	Day	Dates	Time	Fee	Course #
1-3	M	9/8-11/10	10:15-11am	\$226	31543
1-3	Tu	9/9-11/18	10:15-11am	\$226	31544
1-3	W	9/10-11/12	10:15-11am	\$226	31547
1-3	Th	9/11-11/13	10:15-11am	\$226	31548
1-3	Sa	9/13-11/15	10:15-11am	\$226	31549

Location: Community Center, Mountain View Room

No class 11/11

Rockin' Tots

Rockin' in, rockin' out. *Rockin' Tots* rock all about. This class takes everything to a new level to meet the growing needs of three to five year olds. At this age it's all about self-expression and creativity. Our experienced teaching artist introduces great new songs, more complex rhythms and different musical instruments and genres to further your child's musical journey. New dances and interactive musical games provide rich experiences that boost number, pattern and language skills. Each child becomes an important part of the larger group by adding his or her unique sound and voice to the mix. The introduction of song writing skills and an end of session costume parade make the *Rockin' Tots* class a truly unique music education experience.

Instructor: TBA, 10 classes

Age	Day	Dates	Time	Fee	Course #
3-5	M	9/8-11/10	11:15a-12p	\$226	31545
3-5	Tu	9/9-11/18	11:15a-12p	\$226	31546

Location: Community Center, Mountain View Room

No class 11/11

joy

JUMP Jump Up and Move into Preschool!

Registration is open on a first come, first serve basis.

Class size is limited. For ongoing registration, existing participants (Fall Session) have priority to re-enroll in the same program for the upcoming Winter Session, before the class is opened to new participants. A Refund Fee of \$100 will be charged for any class cancellation in Kinder Cubs, Playschool Pandas or Busy Bees.

Kinder Cubs/Playschool Pandas/Busy Bees/Tiddlywinks Registration Dates:

Priority Registration for Winter Session: November 10

Open Registration for Winter Session: November 17

"JUMP" courses are held at The Mill Valley Community Center,

180 Camino Alto, Mill Valley, CA 94941

For more information on the "JUMP" program call the Recreation office at 383-1370.

No Class on 10/20, 11/11, 11/24-11/28



Playschool Pandas

Playschool is for children 3 - 4 years of age and is designed to introduce your child to their first experience in a structured environment providing an opportunity for sharing and playing with other children. Activities include indoor and outdoor play, arts and crafts, storytelling and music movement. Class will consist of circle time, playtime and learning time. Children enrolling in this program must be fully toilet trained, and able to participate in program without parents being in the classroom. Scheduled payment plan is available for this class.

Instructor: Janine Martin, 43 classes

Age	Day	Dates	Time	Course #
3-4	M&W&F	9/3-12/19	9a-12:30p	30688

Fee: First Child \$1,468, 2nd Child \$1,102

Location: Community Center, Manzanita Room

No class 10/20, 11/24, 11/26, 11/28

Busy Bees

A special class for children to explore and play together in a safe and secure environment. Children participate in cooperative activities such as art, music, outdoor play, and story time. Children enrolling in this program must be fully toilet trained, and able to participate in program without parents being in the classroom. Scheduled payment plan is available for this class.

Instructor: Celeste Melzer, 29 classes

Age	Day	Dates	Time	Course #
3-5	Tu&Th	9/2-12/18	9a-12:30p	30689

Fee: 1st Child \$991, 2nd Child \$743

Location: Community Center, Forest Room

No class 11/11, 11/25, 11/27

Kinder Cubs

This program is designed for children who just missed the Kindergarten cut off or for those parents who decided to wait another year before sending them off to Kindergarten. This program will provide your child with individual attention from the teacher to further support their learning and exploration in a structured environment. The curriculum will include weekly themes, which will introduce colors, shapes, numbers and letter recognition through enrichment exercises, crafts and group activities. Your child will be exposed to a variety of activities that will better prepare them to enter Kindergarten in Fall 2015. Prior preschool experience is recommended. Scheduled payment plan is available for this class.

Instructor: Monica Fieber, 43 classes

Age	Day	Dates	Time	Course #
4-5	M,W,F	9/3-12/19	9a-12:30p	30691

Fee: First Child \$1,506, 2nd Child \$1,130

Location: Community Center, Forest Room

No class 10/20, 11/24, 11/26, 11/28

JUMP Preschool Extended Care

Extended care is being offered to students who are presently in the Fall Jump into Preschool program.

Instructor: Recreation Staff, 43 classes

Age	Day	Dates	Time	Fee	Course #
3-5	M,W,F	9/3-12/19	12:30-1:30pm	\$345	30726

Location: Community Center, Forest Room

No class 10/20, 11/24, 11/26, 11/28

Tiddlywinks

Enjoy learning and playing with your toddler/preschooler in this parent - participation class. Together we will sing songs, play games, read books and make arts and crafts. Your child will be in a fun and creative environment that is developmentally appropriate for young children. There will be many opportunities to learn, socialize and play.

Instructor: Jean Samolis, 15 classes

Age	Day	Dates	Time	Fee	Course #
18 mo-3	Th	9/4-12/18	9-10:10am	\$232	30687
18 mo-3	Th	9/4-12/18	10:30-11:40am	\$232	30690

Location: Community Center, Forest Room
No class 11/27

My First Preschool

This program is designed to introduce your child to preschool. A fun, social environment where your child can develop new friendships while participating in arts & crafts, dramatic play, music and movement. This program is not parent participation.

Instructor: Deborah Calloway, 14 classes

Age	Day	Dates	Time	Fee	Course #
2.5-3	Tu	9/2-12/16	9:15-11:15am	\$274	30692

Location: Community Center, Manzanita Room
No Class 11/11, 11/25

NEW! Teddy Bear Picnic

Join us for a snuggly story time, teddy bear crafts, teddy bear picnic, and a teddy bear parade! Please bring your teddy bear. Parent participation is not required.

Instructor: MVPR Staff, 1 class

Age	Day	Dates	Time	Fee	Course #
3-5	F	9/19	5:30-8pm	\$28	30724

Location: Community Center, KidsWatch

NEW! Happily Ever After Princess Night

Learn how to be a princess, inside and out at this enchanted and magical evening. Pamper and spoil your inner princess as we create princess crowns, wands and get a princess makeover at our Bibbity Bobbity Boo Salon. Read magical tales, make fairy treats and have a princess tea as we live happily ever after. Parent participation is not required.

Instructor: MVPR Staff, 1 classes

Age	Day	Dates	Time	Fee	Course #
4-6	F	11/14	5:30-8pm	\$28	30725

Location: Community Center, KidsWatch

Canta Conmigo!

In this parent participation class preschoolers will be introduced to the sounds, structure and vocabulary of the Spanish language through music, movement and song. Whether you are a native speaker who wants your family to conserve the language and traditions of your heritage, or if you want to encourage Spanish as a second language for your children, ¡Canta Conmigo! is where you begin with your littlest ones. Class includes a CD and Songbook.

Instructor: Colors of Spanish, 7 classes

Age	Day	Dates	Time	Fee	Course #
1-4	W	9/24-11/5	3:45-4:30pm	\$141	30857

Location: Community Center, Forest Room

friends

Wednesdays 9a-12p, Ongoing
 Cascade Room



JUMP INDOOR PLAY DAY!

Looking for fun things to do with your child?

Play Area • Toys • Tumbling Mats • Jumpee Castle • Little Riders

Ages 5 and under

Come over to our place to play! The Community Center Cascade Room offers a safe & secure place for children to run and play indoors. Join the fun and excitement of this indoor play program. In order to maintain a clean and healthy play environment, please refrain from eating and drinking in the playroom. Snacks and drinks may be enjoyed in the lobby or outside. In consideration of others please refrain from bringing sick children to play. Parents and/or caregivers are required to stay and are responsible for their children.

\$5 child or \$7 family, No registration necessary. Exact change appreciated.

No Class: 11/26, 12/24, 12/31



Kindermusik Village – Zoom Buggy

Kindermusik Village class (0-18 months) provides a delightful environment unlike any other. Through a unique blend of multi-level activities that include creative movement, vocal play, object and instrument exploration, and a colorful literature component, baby’s growth and development are stimulated and all senses engaged. We learn the benefits of baby sign language, baby massage, and exercise. We dance to diverse songs, rock to soothing lullabies and sing songs to baby. Kindermusik takes musical learning to the next level; our curriculum is proven to improve child brain development. Classes led by Licensed Kindermusik Educator, Andrea Ingraham (KindermusikwithAndrea.com for more information). Students are welcome to enroll mid-session and pay a prorated fee if space is available.

Instructor: Andrea Ingraham, 9 classes

Age	Day	Dates	Time	Fee	Course #
0-18 mo	F	9/12-11/7	11-11:45am	\$161	31477

Drop-in: \$24 if class minimum is met

Location: Community Center, Terrace Lounge- seating area

Spring: \$50 material fee paid to instructor at 1st class meeting.

No class 10/3

JAMaROO Kids Movement & Music

This is a unique class that JAMaROO Kids has created combining the best of our dance and music programs. In class we’ll help children discover the joy of dance while being exposed to different styles of movement and music from around the world. Children will work on coordination, balance, flexibility, strength and positive body image through fantasy play and games. Children will sing traditional songs and learn many new ones. They will have the opportunity to play with a large variety of simple instruments, interact with puppets, use rhythm sticks, bean bags, and streamers. Activities will promote cognitive development through the use of numbers, colors, shapes and letters. For more information on JAMaROO Kids , please visit us at www.jamarookids.com.

Instructor: JAMaROO Kids, 5 classes

Age	Day	Dates	Time	Fee	Course #
1-3	Th	9/11-10/9	3:30-4pm	\$81	30891
1-3	Th	10/16-11/13	3:30-4pm	\$81	30858

Location: Community Center, Manzanita Room



Kindermusik – Milk & Cookies

Kindermusik Our Time (18 months-3 yrs) encourages toddlers to uncover an engaging musical world while building confidence, self-control, and communications skills. Singing, imitating sounds, rhyming, and object identification foster language skills, while creative movement to various musical moods develops a sense of balance, timing, and spatial awareness. Listening and turn-taking encourage blossoming social skills. Our Time reflects the emotional foundations of school readiness and the latest research on music and early childhood development. It is a unique opportunity for parent and child to interact and learn together in an unhurried and joyful manner. Kindermusik takes musical learning to the next level; our curriculum is proven to improve child brain development. Classes led by Licensed Kindermusik Educator, Andrea Ingraham (KindermusikwithAndrea.com for more information). Students are welcome to enroll mid-session and pay a prorated fee if space is available.

Instructor: Andrea Ingraham, 8 classes

Age	Day	Dates	Time	Fee	Course #
18 mo-3	F	9/12-11/7	10-10:45am	\$161	31478

Drop-in: \$24 if class minimum is met

Location: Community Center, Terrace Lounge- seating area

Spring: \$50 material fee paid to instructor at 1st class meeting.

No class 10/3

JAMaROO Kids Yoga

Here’s a fun, healthy, educational and challenging class that kids love. In class children will work on strengthening their growing bodies, stretching their little muscles, while improving balance, coordination and concentration. Children will use their imaginations to understand yoga poses and learn about nature and the world that surrounds them. Yoga classes help teach children how to relax and slow down in a society that is moving so fast.

Instructor: JAMaROO Kids, 5 classes

Age	Day	Dates	Time	Fee	Course #
3-4	Th	9/11-10/9	4:15-4:45pm	\$81	30892
3-4	Th	10/16-11/13	4:15-4:45pm	\$81	30859

Location: Community Center, Manzanita Room

Mighty Movers

This super fun class provides children 4 months to 1 year with age appropriate musical selections and physical activities from the comfort of their parent/caregiver's lap. Crawlers have plenty of open space to explore. Our highly skilled early childhood music specialist uses lap songs, group sing-a-longs and rhythm and finger games to get your child moving and musically engaged. Join us and explore all of the joys and the benefits of actively participating in music with your child.

Instructor: Rachel Hoiem, 10 classes

Age	Day	Dates	Time	Fee	Course #
4 mo-1 W		9/10-11/12	11-11:45am	\$226	31541
4 mo-1 Sa		9/13-11/15	11-11:45am	\$226	31542

Location: Community Center, Mt. View Room
Please bring a blanket

Super Shakers

Our Super Shaker classes have one to three year olds and you, singing, dancing and shaking to the music. Participants will hear familiar songs, be introduced to new songs and will also rock out during the group percussion jam. Age appropriate games, dances and other fun activities make this a great opportunity to furthering your child's music education.

Instructor: Rachel Hoiem, 10 classes

Age	Day	Dates	Time	Fee	Course #
1-3	M	9/8-11/10	10:15-11am	\$226	31543
1-3	Tu	9/9-11/18	10:15-11am	\$226	31544
1-3	W	9/10-11/12	10:15-11am	\$226	31547
1-3	Th	9/11-11/13	10:15-11am	\$226	31548
1-3	Sa	9/13-11/15	10:15-11am	\$226	31549

Location: Community Center, Mt. View Room.
No class 11/11

Rockin' Tots

The Rockin' Tots class takes everything to a new level to meet the growing music education needs of three to five year olds. At this important age it's all about self-expression and creativity. Our experienced teaching artist introduces great new songs, more complex rhythms and different musical instruments and genres to further your child's music education in exciting ways.

Instructor: Rachel Hoiem, 10 classes

Age	Day	Dates	Time	Fee	Course #
3-5	M	9/8-11/10	11:15a-12p	\$226	31545
3-5	Tu	9/9-11/18	11:15a-12p	\$226	31546

Location: Community Center, Mt. View Room.
No class 11/11

NEW! Story Dancing: Jelly Jam Time

Using dance to explore story and story to discover new movement, Jelly Jam Time is a creative adventure in active literacy for children with vivid imaginations and the need to move. Jelly Jam Time combines storytelling, physical theatre, movement and dance. Each Jelly Jam Time class follows a story or a theme, often based on material in a book, and explores the ways to dance/move/act it into being. For example, while reading the story of a frog's life cycle, we become the different stages and let our imaginations take flight. We mix teacher-directed and child-generated movement and choreography. Children are active participants in the creation of the curriculum. It is a playful time to dance, laugh and learn!

Instructor: Risa L. A. Dye, 8 classes

Age	Day	Dates	Time	Fee	Course #
3-5	W	9/24-11/12	3:30-4:30pm	\$129	31392

Location: Community Center, Kids Watch

Adventures through Time! Intro. to Acting w/MTC

Step into MTC's time machine as we embark on an adventure through time. This introductory acting class will support students as they develop skills in storytelling, dialects, creative problem solving and character development. Students will join our professional teaching artists in the Wild West, Victorian England and Prehistoric times to create stories and characters through scene studies and theater games. Friends and family are invited to join us on the last class as we share what we've learned. Great for all levels of experience, this class will teach students the fundamentals of acting. The instructors are professional teaching artists from Marin Theatre Company – a premier nonprofit theater located right in Mill Valley.

Instructor: Marin Theater Company, 8 classes

Age	Day	Dates	Time	Fee	Course #
3-5	M	9/8-11/3	3:30-4:15pm	\$181	31535

Location: Community Center, Kids Watch
No class 10/20

Parent & Me Mandarin

Early childhood is a window of opportunity for parents to introduce their child to languages that will expand a child's world. This program involves parents and caregivers who enjoy learning Mandarin with their child! It incorporates many interactive activities between the parent and the toddlers, such as singing along with movement, playing games, reading and listening to children's stories.

Instructor: Jie Zheng, 6 classes

Age	Day	Dates	Time	Fee	Course #
3-5	Sa	9/20-10/25	11:15a-12p	\$109	30860

Location: Community Center, Manzanita Room

Pee Wee Soccer

Kids and parents are in for a good time together in this perennial favorite that has become a Mill Valley tradition. The basic elements of soccer are introduced as children learn to kick, dribble, pass, and control the ball. Parents are encouraged to participate while Lewis and David direct drills for families to practice together. Instructors: Lewis Usher & David Fromer.

Instructor: Marin Soccer Camp, LLC, 5 classes

Age	Day	Dates	Time	Fee	Course #
3	Sa	9/27-10/25	9:30-10:15am	\$76	31744
4	Sa	9/27-10/25	10:30-11:15am	\$76	31745
5-6	Sa	9/27-10/25	11:30m-12:30p	\$86	31746

Location: Hauke Park, Soccer Field (Hauke South)

Shake, Wiggle & Roll

Shake Wiggle and Roll is a creative dance class expressly designed for young children. The class blends creative movement, stories and songs with dance fundamentals to encourage body and spatial awareness in a joyous setting. Carol uses props such as scarves, stuffed animals, parachutes, balloons, etc. to keep the children engaged and involved in this high energy class.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
3-5	M	9/22-11/17	2-2:30pm	\$118	31559

Location: Community Center, Dance/Fitness Room

Beginning Guitar for Kids

Keeping the kids engaged and having fun playing guitar is the focus of this class. Through learning simple chords, melodies, and songs, students will be prepared to take their learning to the next level. Jason Fischer has been playing guitar for over 20 years, specializing in rock and folk music. His experience as a performer, recording artist, and Montessori school teacher aids his unique approach to teaching students of all ages and disciplines.

Instructor: Jason Fischer, 8 classes

Age	Day	Dates	Time	Fee	Course #
8-12	W	10/1-11/19	3:30-4:15pm	\$201	31472

Location: Community Center, Manzanita Room

Private Piano

This class offers one 30 minute private piano lessons for beginners through advanced. The program introduces beginners to piano offering friendly, thorough instruction for all ages. Lessons are tailored to each student.

Instructor: Stephen Shen, 9 classes

Age	Day	Dates	Time	Fee	Course #
5-13	W	9/10-11/5	4-4:30pm	\$316	31468
5-13	W	9/10-11/5	4:30-5pm	\$316	31469
5-13	W	9/10-11/5	5-5:30pm	\$316	31470
5-13	W	9/10-11/5	5:30-6pm	\$316	31471

Location: Community Center, Terrace Lounge

Aikido for Kids

This gentle and fun class emphasizes coordination development, mental focus and internal calmness.

Instructor: Al Loren, 11 classes

Age	Day	Dates	Time	Fee	Course #
3-4	M	9/8-11/24	2:30-3pm	\$150	31518
3-4	W	9/10-11/19	2:30-3pm	\$150	31519

Location: Community Center, Cascade Room
No class 9/29

Karate for Kids

Children learn a self-defense awareness. This class concentrates on flexibility, balance, reflexes and character. Both girls and boys are encouraged to participate in this fun and challenging program.

Instructor: Al Loren, 11 classes

Age	Day	Dates	Time	Fee	Course #
5-8	M	9/8-11/24	3:15-4pm	\$150	31520
5-8	W	9/10-11/19	3:15-4pm	\$150	31521

Location: Community Center, Cascade Room
No class 9/29

Karate for Kids II

Students will be exposed to martial arts movements and techniques consisting of punching, kicking, blocking, mental concentration and physical strengthening. This is a non-competitive environment where character development and self-esteem are emphasized.

Instructor: Al Loren, 11 classes

Age	Day	Dates	Time	Fee	Course #
9-12	M	9/8-11/24	4:15-5pm	\$150	31522

Location: Community Center, Cascade Room
No class 9/29

NEW! Kung Fu Animal Power - Leadership, Fitness & Self Defense

Learn kicks, leaps, rolling and all sorts of fantastic Kung Fu moves! This fun class uses Kung Fu animals to teach leadership, character, body mechanics and self defense. We focus on developing self control and self awareness as we build strong, healthy bodies. After learning each Kung Fu animal's lessons on leadership, character, body mechanics and movements, the student earns a beautiful Animal Power Patch. Each animal also includes a great Fu Book of lessons, games, art and fun.

Instructor: 10,000 Victories Kung Fu Staff, 11 classes

Age	Day	Dates	Time	Fee	Course #
5-7	Th	9/11-11/20	3:30-4:15pm	\$221	31629
8-12	Th	9/11-11/20	4:15-5:15pm	\$221	31630

Location: Community Center, Dance/Fitness Room

Mad Science - Creatures Big & Small

Giant guys and small fries, creature come in every size! We'll meet and learn all about the amazing animals we share the planet with. We'll get down and dirty with squiggly-wiggly worms, take flight with our feathered friends and go on a fossil dig to see what we can discover about that famous Giganta-saur T-Rex!

Instructor: Mad Science Staff, 6 classes

Age	Day	Dates	Time	Fee	Course #
3.5-6	Tu	9/9-10/14	4-4:45pm	\$140	31719

Location: Community Center, Kids Watch

Mad Science - World Around Us

How does science connect to the world around us? This class will explore the science of wind, lightning, and water flow. We'll ponder the science of noise and discover how music can be created. Through demonstrations and hands-on activities, preschoolers will learn the density of liquids, the magic of slime, the sublimating sensation of dry ice, and more! Take-home projects will allow kids to continue learning outside of class.

Instructor: Mad Science Staff. 6 classes

Age	Day	Dates	Time	Fee	Course #
3.5-6	Tu	10/21-11/25	4-4:45pm	\$140	31721

Location: Community Center, Kids Watch

Playnastics

Children enjoy 30 minutes of jumping, romping and rolling with their adult companion and other children in their age group. The focus is on developing coordination through motor skills with a strong emphasis on socialization and group involvement. Katie uses balance beams, mats, bar, parachutes and more to help challenge your child's natural desire to explore movement. She also teaches adults how to help their children properly use gymnastics equipment safely and effectively.

Instructor: Katie Bartok, 11 classes

Age	Day	Dates	Time	Fee	Course #
1-2	Th	9/11-11/20	10:15-10:45am	\$150	31530
1-2	Th	9/11-11/20	10:45-11:15am	\$150	31532
2-3	Th	9/11-11/20	11:15-11:45am	\$150	31531

Location: Community Center, Cascade Room

Tumbling

Young gymnasts will learn fundamental gymnastic positions and basic tumbling skills and techniques as they stretch, jump and roll. This is a great class to develop strength, balance, flexibility and coordination as well as help improve the participants confidence, balance and muscle control. This class emphasizes social as well as physical development without parent participation. For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 11 classes

Age	Day	Dates	Time	Fee	Course #
3-4	Th	9/11-11/20	1-1:30pm	\$150	31527
3-4	Th	9/11-11/20	1:30-2pm	\$150	31526

Location: Community Center, Cascade Room

Gymnastics

Gymnasts will work on floor exercises, advanced tumbling techniques, vaulting and balance beams and, in the process, will improve their confidence, balance and muscle control. Note: For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 11 classes

Age	Day	Dates	Time	Fee	Course #
4-5	Th	9/11-11/20	2-2:45pm	\$160	31528
5-6	Th	9/11-11/20	2:45-3:30pm	\$160	31533
7-11	Th	9/11-11/20	3:30-4:15pm	\$160	31529

Location: Community Center, Cascade Room



NEW! Acrobatics

Turn a bad case of the wiggles into some serious skills! In this class, learn to amaze your audience with cartwheels, forward and backward rolls, handstands and more. Key stretching and strengthening exercised will also be taught, giving students a foundation in safety for all their active play. Each class consists of a warm-up, skill review, new skill instruction, cool down, and lots of FUN!!

Instructor: Circus of Smiles, 8 classes

Age	Day	Dates	Time	Fee	Course #
5-7	W	9/10-11/5	3:30-4:15pm	\$109	31419
8-11	W	9/10-11/5	4:15-5:15pm	\$145	31420

Location: Community Center, Cascade Room

No class 9/24

NEW! **Tiny Tappers**

A fun, exciting, energetic tap dance class for tiny tappers, ages 4 and 5. We will learn basic, simple tap steps and a choreographed routine to perform at the last class. Each child will also create his/her own steps using props such as scarves, pompoms, balloons, hula hoops, etc.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
4-5	M	9/22-11/17	3:15-3:45pm	\$118	31562

Location: Community Center, Dance/Fitness Room

Tap Dance

Tap Dance is a fun filled, energetic and lively dance class. Children will learn basic tap steps and technique and develop a great sense of rhythm and timing in a lively, nurturing setting. The children will also have the opportunity to create their own tap steps. The class will culminate with a performance.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
5-12	M	9/22-11/17	3:45-4:30pm	\$118	31561

Location: Community Center, Dance/Fitness Room



Jazz & Hip Hop Dance

Join dance teacher and choreographer Carol Butler in this exciting dance class. You will learn dance combinations enjoy a great fitness warm up; move across the floor and create your own moves to the latest music. The class will end with a performance of the choreographed Jazz and Hip Hop routine. No dance experience needed to take this fun class.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
7-11	M	9/22-11/17	5-5:45pm	\$118	31560

Location: Community Center, Dance/Fitness Room

Kids Dance Brigade

With license to thrill, Kid Dance Brigade is an after school program showcasing the magic of the dance arts, hosted by Tom Mayock, known as Tiger during the Mill Valley Recreational Camps. Class with Tiger will consist of explorations of these dance genres: Contemporary, with Top 40 hits such as Dynamite by Taio Cruz, Firework by Katy Perry, Cultural dances such as The Morris Stick Dance, and Creative Movement explorations that develop kinetic movement skills. Tom Mayock's choreography for children has been televised on Evening Magazine, and has for 7 years been the Co-Artistic Director of the World Dance Festival, and The Classroom Connections Festival at Sun Valley. To know more, visit: www.tommayock.com

Instructor: Tom Mayock, 12 classes

Age	Day	Dates	Time	Fee	Course #
4-6	Tu	9/9-11/25	4-5pm	\$144	31558

Location: Community Center, Mountain View Room

No class 11/11

Party at the Center!

PARTY THEMES

- Jumpee House
- Belly Dancing
- Amazing Magic
- Fur, Scales & Tales
- The Artist Within
- Karate Kick-Off
- Big Splash Pool Party
- And Many More...

Choose one of our many party packages and whoosh your party planning worries away! Parties include activities, entertainment and tons of fun as well as 2-hour room rental for your celebration. Prices vary by theme, but start as low as \$225. For details, fees and a complete list of themes, go to www.millvalleycenter.org or call 415-383-1370.

Note for Ballet Classes

To create an optimum learning environment parents and siblings are asked to wait outside of the ballet classroom. Each session there will be opportunities for families to observe their child's class. These dates will be the first week, fourth week, seventh week and last week of classes.

Pre-Ballet

Lively music and classical dance positions and steps introduce children to the art of ballet. Easy-to-follow stretching and dancing will lead to turned-out legs and balancing positions. This class will emphasize fun and the imagination while exposing children to the discipline of a good ballet foundation.

*Instructor: Tues: Bridget Bartholome, 10 classes
Fri: Mia Camera, 11 classes*

Age	Day	Dates	Time	Fee	Course #
3-4	Tu	9/9-11/18	3-3:30pm	\$136	31572
3-4	F	9/12-11/21	3-3:30pm	\$150	31564
3-4	F	9/12-11/21	3:35-4:05pm	\$150	31565

Location: Community Center, Dance/Fitness Room
Please wear ballet slippers and leotard to class.
No class 11/11

Pre-Ballet Cont.

Keep on dancing! There is more fun and dance awaiting you in Pre-Ballet Continuing. This class is for the student who has already taken Pre-Ballet but is not ready for Basic Ballet.

Instructor: Bridget Bartholome, 11 classes

Age	Day	Dates	Time	Fee	Course #
3-4	W	9/10-11/19	3-3:30pm	\$150	31567

Location: Community Center, Dance/Fitness Room
Please wear ballet slippers and leotard to class.

Twinkle Toes Ballet

This class is for the more experienced child. Although continuing to learn through fantasy and games, the child is further introduced to the dance atmosphere by incorporating barre and center work. They are able to learn the basics techniques and positions of ballet in a fun and friendly classroom environment.

Instructor: Mia Camera, 11 classes

Age	Day	Dates	Time	Fee	Course #
4-6	M	9/8-11/17	4-4:45pm	\$161	31571

Location: Community Center, Mountain View Room



Basic Ballet

This ballet class welcomes new students and experienced beginners who will practice foot and leg articulation, as well as arm positions at the barre. This training will be extended into center combinations and end with practicing leaps and turns. Please wear leotard, tights, and ballet slippers, ballet skirts are optional.

*Instructor: Tues. & Wed., Bridget Bartholome 11 classes
Fri., Mia Camera 11 classes*

Age	Day	Dates	Time	Fee	Course #
5-9	Tu	9/9-11/18	3:35-4:20pm	\$146	31566
5-9	W	9/10-11/19	3:40-4:25pm	\$161	31568
5-7	F	9/12-11/21	4:10-4:55pm	\$161	31569

Location: Community Center, Dance/Fitness Room
No class 11/11

Continuing Ballet

This class is designed for the serious young ballet dancer who has experience with ballet and is now ready to pursue traditional barre and center work. We will focus on technique and alignment in addition to basic choreography.

Instructor: Bridget Bartholome, 10 classes

Age	Day	Dates	Time	Fee	Course #
9-11	Tu	9/9-11/18	4:25-5:10pm	\$161	31570

Location: Community Center, Dance/Fitness Room
No class 11/11

confidence

NEW!

Foods From the Farm

Fresh fruits and vegetables will star in this fun, engaging and healthy class. Learn about how food grows and how to prepare incredible farm to table recipes.

Instructor: The Culinary Dudes, 8 classes

Age	Day	Dates	Time	Fee	Course #
4-5	M	9/15-11/10	2-3pm	\$185	30760
6-11	M	9/15-11/10	3:30-4:30pm	\$185	30761

Location: Community Center, Kitchen
No class 10/20

NEW!

Global Eats

Come travel the world... of food! We'll stamp our passports and explore wonderful cuisines from around the globe! You will learn about the people, culture and traditions of five different countries through the art of cooking.

Instructor: Sara Baporja, 5 classes

Age	Day	Dates	Time	Fee	Course #
5-7	Sa	9/27-10/25	11a-12:15p	\$126	31393

Location: Community Center, Forest Room

NEW!

Kid's Knitting & Crochet

At last! A knitting and crochet class designed just for kids. Students will learn to knit and crochet small projects and accessories from a local textile artist. Projects selected for this class will build skills while increasing dexterity, concentration and creativity. Beginners and all levels welcome. Your hands + Yarn = Infinite possibilities.

Instructor: Amy Keefer. 8 classes

Age	Day	Dates	Time	Fee	Course #
8-12	M	9/22-11/10	3:30-4:30pm	\$121	31621

Location: Community Center, Manzanita Room
Instructor will contact student before start of class with supply list.

NEW!

Drawing with Thread

Young artists will love learning to draw and write in color with embroidery. A class for the ultimate beginner, this weekly meeting will incorporate a new embroidery stitch every week. Students will learn about texture, color and composition while increasing concentration, dexterity and creativity. All materials will be provided in class. Stitching is a cinch!

Instructor: Amy Keefer, 8 classes

Age	Day	Dates	Time	Fee	Course #
8-12	M	9/22-11/10	4:40-5:40pm	\$121	31720

Location: Community Center, Manzanita Room
\$10 material fee paid to instructor at first class meeting.

Babysitting Course

This babysitter completion class covers the fundamentals of childcare including starting your business; before the parents leave; play time; taming the tots; we shake rattles, not babies; handling telephone calls; when a stranger knocks; handwashing; water hazards; infant and child feeding; diapering procedures; infant sleep-time; providing emergency care, including CPR/choking and First Aid. Participants receive a Babysitter's Training Certificate.

Instructor: Carole Gathman, 1 class

Age	Day	Dates	Time	Fee	Course #
11-16	Sa	10/4	9a-1p	\$84	31365
11-16	Sa	11/15	9a-1p	\$84	31366

Location: Community Center, Terrace Lounge

The Protocol Academy: Etiquette & Dining Essentials

In a fun, captivating, and interactive setting, your children will actively learn and practice prized life skills through The Protocol Academy. Lessons in etiquette, manners, protocol and dining are delivered through fun, collaborative activities that include a hands-on dining experience each week. Topics include: Meet and Greet Essentials, Conversation and Communication Cues; Connecting with People; Family Politeness; Situational Conduct; Party Protocol; and Wardrobe Thought. In addition, your children will gain applied dining skills such as: Proper Place Settings; Napkin & Utensil Protocol; Dining at Home and Away Etiquette; Table Manners and Behavior; Styles of Dining; and more. Get Your Etiquette On! Please inform instructor of any food allergies.

Instructor: Angie Allison, 5 classes

Age	Day	Dates	Time	Fee	Course #
7-11	Th	9/4-10/2	3:30-5pm	\$151	31573

Location: Community Center, Kids Watch

NEW!

Writer's Workshop

Writing is a tool to shape thinking. With an artist's eye for creativity and an educator's eye on the common core standards and college readiness, published writer and young author mentor, Thais Derich, helps young writers get more comfortable shaping their thoughts through writing. Prepare to get hooked on writing!

Instructor: Thais Derich, 9 classes

Age	Day	Dates	Time	Fee	Course #
7-11	Th	9/11-11/6	4-5pm	\$235	31540

Location: Community Center, Tamalpais Room

