



Mill Valley
Community Center

*City of Mill Valley
Parks and Recreation Department Invites
Applications For:*

Group Fitness Instructor— Water Exercise

At the Mill Valley Aquatics & Fitness Center
Salary Range \$38.33 - \$46.55
Depends on experience & training

The Mill Valley Aquatics & Fitness Center offers an extensive Water Exercise Program. Water Exercise classes are offered Mon – Fri at 9:00am and Mon – Thurs at 6:00pm. Water Therapy Classes are offered at 10:00am.

We are currently looking for an instructor who can teach:

Mondays	9:00 - 10:00am	Water Exercise
Mondays	10:00 – 11:00am	Water Therapy
Thursdays	9:00 - 10:00am	Water Exercise
Thursdays	10:00 – 11:00am	Water Therapy

* Looking for someone to start on Monday Sept 30th.

We will consider instructors who are newer to Water Aerobics instruction and those who can only teach one day.

Position also gets a free Aquatics & Fitness Center gym membership.

DEFINITION: Under general supervision, the Group Fitness Instructor is responsible for presenting a positive and competent image of Mill Valley Parks and Recreation through quality fitness programs designed to meet the needs of the community. Part-time; flexible to meet requirements of the position including some evenings; weekend and holiday work may be required. Perform related work as required.

EXAMPLES OF DUTIES:

- Ensuring that participant's needs are met through personal recognition and by providing quality service and group fitness classes.
- Provide corrective feedback and proper technique.
- Maintain certain class records and reports as required.
- The ability to speak English clearly and understandably.
- Perform related duties as required.
- Deal tactfully and courteously with the public.
- Establish and maintain effective working relationships with other city employees, other agencies and the general public.
- Assuming a leadership role as a professional in the area of exercise and aerobics.
- Ensuring that a safe and healthy environment exists for exercising.

TRAINING & EXPERIENCE: Must possess current Group Fitness certification in specified coursework or equivalent training and/or experience, and CPR.

PHYSICAL REQUIREMENTS: Must be able to lift 50 lbs. and react quickly to emergencies.

EQUAL OPPORTUNITY EMPLOYER: The City of Mill Valley is committed to a comprehensive affirmative action employment program and actively seeks applications from both sexes, ethnic minorities, and individuals with disabilities, US Veterans and qualified persons of all ages. If you would like to arrange for accommodations in order to participate in the hiring process, we encourage you to contact Lisa Virtue at (415) 383-1370.

FILING INSTRUCTIONS

Application forms may be obtained from the Parks and Recreation Department (415) 383-1370 or from our web site at www.millvalleycenter.org Applications must be filled out completely and may be returned by mail, fax, or drop-off. Please include copies of all certifications. Candidates receiving a conditional job offer must pass a pre-employment Department of Justice fingerprint background review.

Mail: Parks and Recreation Department, 180 Camino Alto, Mill Valley, CA 94941
Fax: 415-383-1377, Mill Valley Community Center Attn: Aquatics Recreation Supervisor
Drop-Off: Mill Valley Community Center, 180 Camino Alto, Mill Valley 94941, Attn: Aquatics & Fitness Recreation Supervisor

Questions regarding the position should be directed the Aquatics & Fitness Recreation Supervisor at (415) 383-1370 x114