JUMP Jump Up and Move into Preschool!

JUMP Preschool courses are held at:
Mill Valley Community Center, 180 Camino Alto, Mill Valley.

The JUMP Preschool program provides a nurturing environment where each child can grow, learn to express themselves and have fun! All of our teachers and aides are committed to the success of each of our students.

Class activities for all programs include circle time, sharing, arts & crafts, games, music and free play. (inside and outside) We encourage all students to participate in craft and academic activities. Daily we gather together on the carpet for thematically based lesson, stories, songs, finger plays which continue to build on our theme for the week. Every day the students also enjoy snack time and outdoor recess. Children in all stages of development are welcome (however they must be fully potty trained).

Limited space available. Please contact the MVCC Office at 383-1370 to find out about current openings or to be placed on a waiting list.

Playschool Pandas – Openings Available!

Our 3 yr old Panda Program is an introductory program to all areas of social, emotional, cognitive, fine motor, gross motor, and sensory development. Our focus is on thematic play-based curriculum with academic components. Children enrolling in this program must be fully toilet trained, and able to participate in program without parents being in the classroom. ***Scheduled monthly payment plan is available for this class.***

Instructor: Janine Martin

Age	Day	Dates	Time	Course #
3-4	M,W,F	9/9-6/3	9a-12:30p	34304

Fee: First Child $3,336, 2nd Child $2,669
(Fee would be prorated)
Location: Community Center, Manzanita Room

Busy Bees – Openings Available!

A special class for children to explore and play together in a safe and secure enivironment. Children participate in cooperative activities such as art, music, outdoor play, and story time. Children enrolling in this program must be fully toilet trained, and able to participate in program without parents being in the classroom. ***Scheduled monthly payment plan is available for this class.***

Instructor: Debbie Callaway

Age	Day	Dates	Time	Course #
3-5	Tu&Th	9/8-6/2	9a-12:30p	34305

Fee: First Child $2,241, 2nd Child $1,793
(Fee would be prorated)
Location: Community Center, Forest Room

Kinder Cubs - Full

Our 4 year old program is a Kindergarten readiness program that enhances social, emotional, cognitive, fine motor, gross motor and sensory development. This is a thematic play-based program supplemented with academic components. Your child will be exposed to a variety of activities that will better prepare them to enter Kindergarten in Fall 2016 Prior preschool experience is recommended. ***Scheduled monthly payment plan is available for this class.***

Instructor: Monica Fieber

Age	Day	Dates	Time	Course #
4-5	M,W,F	9/9-6/3	9a-12:30p	34307

Fee: First Child $3,336, 2nd Child $2,669
Location: Community Center, Forest Room

Tiddlywinks

Enjoy learning and playing with your toddler/preschooler in this parent - participation class. Together we will sing songs, play games, read books and make arts and crafts. Your child will be in a fun and creative environment that is developmentally appropriate for young children. There will be many opportunities to learn, socialize and play.

Instructor: Emily Tate, 11 classes

Age	Day	Dates	Time	Fee	Course #
18 mo-3	Th	1/7-3/24	9-10:10am	$171	36208
18 mo-3	Th	1/7-3/24	10:30-11:40am	$171	36211

Location: Community Center, Forest Room
No class: 2/18

My First Preschool

This program is designed to introduce your child to preschool. A fun, social environment where your child can develop new friendships while participating in arts & crafts, dramatic play, music and movement. This program is not parent participation.

Instructor: Emily Tate, 10 classes

Age	Day	Dates	Time	Fee	Course #
2.5-3	Tu	1/5-3/22	9:15-11:15am	$196	36215

Location: Community Center, Manzanita Room
No class: 1/19, 2/16

NEW!

Drive-in Movie Night

Join us for a wheely good time.! We will be transforming the Terrace Lounge into an old fashioned drive-in. So pull up your car (provided by us) and snuggle in with your pillow and blanket to watch a movie on the big screen. Moviegoers will be able to visit the concession stand where they can enjoy popcorn, drinks and snacks. So parents enjoy a few child free hours while your moviegoer hang out with their friends for a fun evening.

Instructor: Debbie Callaway, 1 class

Age	Day	Dates	Time	Fee	Course #
3-5	F	2/5	5:30-8pm	$30	36217

Location: Community Center, Terrace Lounge

friends

NEW!

Little Monster Party

Monsters, Monsters everywhere join us for our not so scary Monster party! We will play games, dance and eat monster treats! Won't you come and join the fun? Parent participation is not required.

Instructor: Debbie Callaway, 1 class

Age	Day	Dates	Time	Fee	Course #
3-5	F	3/4	5:30-8pm	$30	36218

Location: Community Center, KidzWatch

Party at the Center!

PARTY THEMES

- Puppet Show
- Belly Dancing
- Amazing Magic
- Fur, Scales & Tales
- The Artist Within
- Karate Kick-Off
- Big Splash Pool Party
- And Many More...

NEW!

Mill Valley LIVE Parties!!

Choose one of our many party packages and whoosh your party planning worries away! Parties include activities, entertainment and tons of fun as well as 2-hour room rental for your celebration. Prices vary by theme, but start as low as $225. For details, fees and a complete list of themes, go to www.millvalleycenter.org or call 415-383-1370.

Kindermusik Village

Kindermusik Village class (0-17 months) provides a delightful environment unlike any other. Through a unique blend of multi-level activities that include creative movement, vocal play, object and instrument exploration, and a colorful literature component, baby's growth and development are stimulated and all senses engaged. We learn the benefits of baby sign language, baby massage, and exercise. We dance to diverse songs, rock to soothing lullabies and sing songs to baby. Kindermusik takes musical learning to the next level; our curriculum is proven to improve child brain development. Classes led by Licensed Kindermusik Educator, Andrea Ingraham (KindermusikwithAndrea.com for more information). Students are welcome to enroll mid-session and pay a prorated fee if space is available. Visit www.kindermusikwithandrea.com for complete theme descriptions.

Instructor: Andrea Ingraham, 10 classes

Winter Theme: Cock-a-doodle MOO / Dew Drops

Age	Day	Dates	Time	Fee	Course #
0-17 mo	F	1/15-3/25	11-11:45am	$201	36270

Location: Community Center, Mountain View Room
No class 2/19.
***Drop-in: $24 if class minimum is met**
$80 material fee paid to instructor at 1st class meeting.
Includes music, books & instrument.

Kindermusik Our Time

Kindermusik Our Time (18 months-3 yrs) encourages toddlers to uncover an engaging musical world while building confidence, self-control, and communications skills. Singing, imitating sounds, rhyming, and object identification foster language skills, while creative movement to various musical moods develops a sense of balance, timing, and spatial awareness. Listening and turn-taking encourage blossoming social skills. Our Time reflects the emotional foundations of school readiness and the latest research on music and early childhood development. It is a unique opportunity for parent and child to interact and learn together in an unhurried and joyful manner. Kindermusik takes musical learning to the next level; our curriculum is proven to improve child brain development. Classes led by Licensed Kindermusik Educator, Andrea Ingraham (KindermusikwithAndrea.com for more information). Students are welcome to enroll mid-session and pay a prorated fee if space is available.

Instructor: Andrea Ingraham, 10 classes

Winter Theme: Away We Go

Age	Day	Dates	Time	Fee	Course #
18 mo-3	F	1/15-3/25	10-10:45am	$201	36271

Location: Community Center, Mountain View Room
No class 2/19.
***Drop-in: $24 if class minimum is met**
$60 material fee paid to instructor at 1st class meeting.
Includes music, books & instrument.

Wednesdays 9a-12p
Cascade Room

JUMP INDOOR PLAY DAY!

Looking for fun things to do with your child?

Play Area • Toys • Tumbling Mats • Jumpee Castle • Little Riders

Ages 5 and under

Come over to our place to play! The Community Center Cascade Room offers a safe & secure place for children to run and play indoors. Join the fun and excitement of this indoor play program. In order to maintain a clean and healthy play environment, please refrain from eating and drinking in the playroom. Snacks and drinks may be enjoyed in the lobby or outside. In consideration of others please refrain from bringing sick children to play. Parents and/or caregivers are required to stay and are responsible for their children.

$5 child or $7 family, No registration necessary. Exact change appreciated.

No Class: 11/25, 12/23, 12/30, 2/17, 4/13

NEW CLASS!

¡Canta Conmigo!

In this parent participation class preschoolers will be introduced to the sounds, structure and vocabulary of the Spanish language through music, movement and song. Whether you are a native speaker who wants your family to conserve the language and traditions of your heritage, or if you want to encourage Spanish as a second language for your children, ¡Canta Conmigo! is where you begin with your littlest ones. Class includes a CD and Songbook.

Instructor: Colors of Spanish Staff, 9 classes

Age	Day	Dates	Time	Fee	Course #
1-4	W	1/13-3/16	3:45-4:30pm	$181	36219

Location: Community Center, Forest Room
No class 2/17

NEW CLASS!

Early Childhood Spanish

This class is specifically for children ages 4 - 6 and encourages their interaction with the Spanish language through Hispanic themed songs, poetry, art, games, role-playing and other age appropriate activities. Reduce apprehension and stimulate participation-both listening and production - so that early acquisition leads to bilingual adults! CD and songbook included.

Instructor: Colors of Spanish, 9 classes

Age	Day	Dates	Time	Fee	Course #
4-6	W	1/13-3/16	2:30-3:15pm	$181	36222

Location: Community Center, Manzanita Room
No class 2/17

Scholarship Program

Our Scholarship program provides access to recreation activities offered by the Mill Valley Recreation Dept. as well as use of the Aquatics & Fitness Center.

The funds will provide the recipient with funds that can be used 100% all at once or spread out over a one year period. Funding is available to individuals and families of Mill Valley and some areas of Southern and West Marin. Funding is limited. Eligibility requirements apply.

Funding for the scholarship program is comprised of private donations, and $1 from each recreation program registration.

If you would like more information and a scholarship application form or would like to make a donation to the program contact Mill Valley Recreation 415-383-1370.

Application is available online at:
www.millvalleycenter.org

Shake, Rattle and Roll

Our new all ages Little Beats music class is the perfect opportunity for you and your child to share the joys of singing, dancing and shaking to the music. Participants will hear familiar songs, be introduced to new songs and will also rock out during the group percussion jam. Games, dances and other fun activities make this a great opportunity to furthering your child's music education.

Instructor: Pamela Connelly, 8 classes

Age	Day	Dates	Time	Fee	Course #
4 mo-5	M	1/11-3/21	10-10:45am	$181	36089
4 mo-5	M	1/11-3/21	11-11:45am	$181	36090
4 mo-5	W	1/13-3/23	11-11:45am	$181	36092
4 mo-5	W	1/13-3/23	10-10:45am	$181	36091

Location: Community Center, TeenZone Lounge (Field View)
No class: 1/18, 1/20, 2/15, 2/17, 3/14, 3/16
Drop-in Fee: $25, if class minimum is met

NEW CLASS!

Mad Science – Mini-Engineers: How it Works

Curious kids want to know How Things Work. We are going to uncover the science secrets behind the magic of magnets, create amazing color potions in our Color Lab, have a blast with the awesome power of air, and even travel to space to find out more about the planets and why the stars twinkle! Every day includes a take-home project based on what we learned so that you can show your friends How it Works!

Instructor: Mad Science Staff, 6 classes

Age	Day	Dates	Time	Fee	Course #
4-6	Tu	2/2-3/8	4-4:45pm	$160	36248

Location: Community Center, KidzWatch
No class: 2/16

curiosity

Aikido for Kids

This gentle and fun class emphasizes coordination development, mental focus and internal calmness.

Instructor: Al Loren - Mon. 8 classes, Wed. 10 classes

Age	Day	Dates	Time	Fee	Course #
3-4	M	1/11-3/21	2:30-3pm	$109	36200
3-4	W	1/13-3/23	2:30-3pm	$136	36201

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Karate for Kids

Children learn a self-defense awareness. This class concentrates on flexibility, balance, reflexes and character. Both girls and boys are encouraged to participate in this fun and challenging program.

Instructor: Al Loren - Mon. 8 classes, Wed. 10 classes

Age	Day	Dates	Time	Fee	Course #
5-8	M	1/11-3/21	3:15-4pm	$109	36202
5-8	W	1/13-3/23	3:15-4pm	$136	36203

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Karate for Kids II

Students will be exposed to martial arts movements and techniques consisting of punching, kicking, blocking, mental concentration and physical strengthening. This is a non-competitive environment where character development and self-esteem are emphasized.

Instructor: Al Loren. 8 classes

Age	Day	Dates	Time	Fee	Course #
9-12	M	1/11-3/21	4:15-5pm	$109	36204

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Tiny Tappers

A fun, exciting, energetic tap dance class for tiny tappers, ages 4 and 5. We will learn basic, simple tap steps and a choreographed routine to perform at the last class. Each child will also create his/her own steps using props such as scarves, pompoms, balloons, hula hoops, etc.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
4-5	M	1/11-3/28	3:15-3:45pm	$109	336311

Location: Community Center, Dance/Fitness Room
No class 1/18, 2/15, 3/14

Tap Dance

Tap Dance is a fun filled, energetic and lively dance class. Children will learn basic tap steps and technique and develop a great sense of rhythm and timing in a lively, nurturing setting. The children will also have the opportunity to create their own tap steps. The class will culminate with a performance.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
5-12	M	1/11-3/28	3:45-4:30pm	$109	36310

Location: Community Center, Dance/Fitness Room
No class 1/18, 2/15, 3/14

fast feet

Kids Dance Brigade

With license to thrill, Kid Dance Brigade is an after school program showcasing the magic of the dance arts, hosted by Tom Mayock, known as Tiger during the Mill Valley Recreational Camps. Class with Tiger will consist of explorations of these dance genres: Contemporary, with Top 40 hits such as Dynamite by Taio Cruz, Firework by Katie Perry, Cultural dances such as The Morris Stick Dance, and Creative Movement explorations that develop kinetic movement skills. Tom Mayock's choreography for children has been televised on Evening Magazine, and has for 7 years been the Co-Artistic Director of the World Dance Festival, and The Classroom Connections Festival at Sun Valley. To know more, visit: www.tommayock.com

Instructor: Tom Mayock, 10 classes

Age	Day	Dates	Time	Fee	Course #
4-6	W	1/13-3/23	4:15-5:15pm	$147	36229

Location: Community Center, Mountain View Room
No class 2/17

Ballet classes are taught by experienced dance instructors Bridget Bartholome and Tom Mayock. Bridget and Tom bring their knowledge of dance and love of teaching to create energetic and fun classes where children learn and grow.

Pre-Ballet

Lively music and classical dance positions and steps introduce children to the art of ballet. Easy-to-follow stretching and dancing will lead to turned-out legs and balancing positions. This class will emphasize fun and the imagination while exposing children to the discipline of a good ballet foundation.

Instructor: Mon - 9 classes / Fri - 11 classes Tom Mayock
Tues - 9 classes Bridget Bartholome

Age	Day	Dates	Time	Fee	Course #
3-4	M	1/11-3/28	4:15-4:45pm	$124	36237
3-4	Tu	1/12-3/22	3-3:30pm	$124	36238
3-4	F	1/15-3/25	3:35-4:05pm	$137	36230

Location: Community Center, Dance/Fitness Room
No class 1/18, 1/19, 2/15, 2/16, 2/19, 3/14
Please wear ballet slippers and leotard to class.

Pre-Ballet Cont.

Keep on dancing! There is more fun and dance awaiting you in Pre-Ballet Continuing. This class is for the student who has already taken Pre-Ballet but is not ready for Basic Ballet. Please wear ballet slippers and leotard to class.

Instructor: Bridget Bartholome, 11 classes

Age	Day	Dates	Time	Fee	Course #
3-4	W	1/13-3/23	3-3:30pm	$137	36233

Location: Community Center, Dance/Fitness Room
No class 2/17.
Please wear ballet slippers and leotard to class.

Note for Ballet Classes

To create an optimum learning environment parents and siblings are asked to wait outside of the ballet classroom. Each session there will be opportunities for families to observe their child's class. These dates will be the first week, fourth week, seventh week and last week of classes.

Basic Ballet

This ballet class welcomes new students and experienced beginners who will practice foot and leg articulation, as well as arm positions at the barre. This training will be extended into center combinations and end with practicing leaps and turns. Please wear leotard, tights, and ballet slippers, ballet skirts are optional.

Instructor: Tues - 9 classes / Wed - 10 classes Bridget Bartholome. Fri., 10 classes Tom Mayock

Age	Day	Dates	Time	Fee	Course #
7-9	Tu	1/12-3/22	3:35-4:20pm	$124	36232
5-7	W	1/13-3/23	3:40-4:25pm	$137	36234
5-7	F	1/15-3/25	4:10-4:55pm	$137	36235

Location: Community Center, Dance/Fitness Room
No class 1/19, 2/16, 2/17, 2/19
Please wear leotard, tights, and ballet slippers, ballet skirts are optional.

composure

Continuing Ballet

This class is designed for the serious young ballet dancer who has experience with ballet and is now ready to pursue traditional barre and center work. We will focus on technique and alignment in addition to basic choreography.

Instructor: Bridget Bartholome, 10 classes

Age	Day	Dates	Time	Fee	Course #
10-13	Tu	1/12-3/22	4:25-5:10pm	$124	36236

Location: Community Center, Dance/Fitness Room
No class 1/19, 2/16
Please wear ballet slippers and leotard to class.

Playnastics

Children enjoy 30 minutes of jumping, romping and rolling with their adult companion and other children in their age group. The focus is on developing coordination through motor skills with a strong emphasis on socialization and group involvement. Katie uses balance beams, mats, bar, parachutes and more to help challenge your child's natural desire to explore movement. She also teaches adults how to help their children properly use gymnastics equipment safely and effectively.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
1-2	Th	1/14-3/24	10:15-10:45am	$137	36195
1-2	Th	1/14-3/24	10:45-11:15am	$137	36197
2-3	Th	1/14-3/24	11:15-11:45am	$137	36196

Location: Community Center, Cascade Room
No class 2/18

Tumbling

Young gymnasts will learn fundamental gymnastic positions and basic tumbling skills and techniques as they stretch, jump and roll. This is a great class to develop strength, balance, flexiblity and coordination as well as help improve the participants' confidence, balance and muscle control. This class emphasizes social as well as physical development without parent participation. For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
3-4	Th	1/14-3/24	1-1:30pm	$137	36192
3-4	Th	1/14-3/24	1:30-2pm	$137	36191

Location: Community Center, Cascade Room
No class 2/18

flexibility

Gymnastics

Gymnasts will work on floor exercises, advanced tumbling techniques, vaulting and balance beams and, in the process, will improve their confidence, balance and muscle control. Note: For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
4-5	Th	1/14-3/24	2-2:45pm	$147	36193

Location: Community Center, Cascade Room
No class 2/18

NEW CLASS!

Ninja Circus

Everyone wants to be a ninja, but few classes exist to teach you how. We present Ninja Circus, a class for kids with an inner ninja just waiting to sneak out. We'll be adapting martial arts techniques from around the world to gain body awareness, self-control, and self-confidence. We'll play physical games designed to teach the ancient secrets of stealth and surprise, as well as partner games that enhance our reflexes and non-verbal communication skills. Master the art of poi spinning, juggling, and hula hooping while playing games and having a blast. Students in this class will sharpen their senses, strengthen their bodies, and learn skills they've only imagined. Let loose your inner ninja.

Instructor: Circus of Smiles, 10 classes

Age	Day	Dates	Time	Fee	Course #
8-11	W	1/13-3/23	4:15-5:15pm	$181	36240

Location: Community Center, Cascade Room
No class 2/17

Acrobatics

Turn a bad case of the wiggles into some serious skills! In this class, learn to amaze your audience with cartwheels, forward and backward rolls, handstands and more. Key stretching and strengthening exercised will also be taught, giving students a foundation in safety for all their active play. Each class consists of a warm-up,skill review, new skill instruction, cool down, and lots of FUN!!

Instructor: Circus of Smiles, 10 classes

Age	Day	Dates	Time	Fee	Course #
5-7	W	1/13-3/23	3:30-4:15pm	$181	36239

Location: Community Center, Cascade Room
No class 2/17

Adult/Guardian Information (Please Print)	
Main Contact:	2nd Adult Name:
Home: Work: Cell:	Home: Work: Cell:
Address:	Address:
City, State, Zip:	City, State, Zip:
Email:	Email:

Mail to:
MVPR
180 Camino Alto
Mill Valley, CA
94941
Fax to:
(415) 383-1377

Participant Name	Birthdate (under 18)	Male/ Female	1st Choice Class Title / Dates	Course #	2nd Choice Class Title / Dates	Course #	Fee

☐ My Address/Info has recently changed

Scholarship Fund Donation Amount: _____

Total Fees: _____

Be sure to read and sign below: I hereby agree to indemnify and hold harmless the City of Mill Valley and its officers and employees from and against any and all liabilities for any injury which may be suffered by me or by my child arising out of or in any way connected with participation in the program noted above. In case of emergency, my child maybe treated by a qualified physician. I give permission to use mine or my child's photograph in Mill Valley Recreation brochures or publicity.

Signature: _____ **Date:** _____

Must sign to register.

☐ Please check here if you require special assistance to maximize your participation. You will be contacted.

REFUND POLICY
PLEASE READ BEFORE SIGNING.

You can register 24/7 at www.MillValleyCenter.org

PAY BY:
- o Cash
- o Check Payable to MVPR
- o MasterCard
- o Visa
- o Discover
- o Amex

Cardholder Name (as it appears on card): _____

Credit Card #: _____ Exp. Date: _____ V-Code: _____

Office Use Only	Fee Paid	Registrar	Date Processed	COA	Cash	Check #	Credit Card	Mill Valley Recreation Phone: **(415) 383-1370**